




One Hundred TV Programming for the Joe Nimble Douro and Vouga 200-mile segment of the One Hundred® World Championship:

 **Data:** 21-24 September 2023

 **Channels:** Youtube One Hundred TV, Facebook One Hundred Portugal and Instagram One Hundred Portugal

Thursday, 21/09

YouTube OH TV and Facebook:

- **11:45** - Live broadcast on YouTube One Hundred TV and Facebook One Hundred Portugal. Expect exclusive interviews and full coverage of the race start.
- **19:00** - Highlights of the day, featuring analysis and commentary.

Instagram:

- **Variable Schedule** - Surprise live streams and race updates at special moments. Stay tuned!

Friday, 22/09

YouTube OH TV and Facebook:

- **11:45** - Highlights from the night and morning, with in-depth commentary.
- **19:00** - Highlights of the day, featuring analysis and commentary.

Instagram:

- **Variable Schedule** - Surprise live streams and race updates at special moments. Don't miss out!

Saturday, 23/09

YouTube OH TV and Facebook:

- **11:45** - Highlights from the night and morning, with in-depth commentary.
- **19:00** - Highlights of the day, possibly including the arrival of the first athletes, with in-depth commentary.

Instagram:

- **Variable Schedule** - Special live streams, covering standout moments of the race, including the arrival of the first athletes. Stay connected!

Sunday, 24/09

YouTube OH TV and Facebook:

- **14:30** - Award Ceremony. Join us in celebrating the winners and the memorable moments of this championship.

Instagram:

- **Variable Schedule** - Surprise live streams and race updates at special moments. Keep an eye out!